

# PLEASANT PRAIRIE TRIATHLON

## SWIM COURSE

The swim is a point to point course. It starts at the southwest end of Lake Andrea Beach and will go across the lake finishing on the east side of the lake by the Aqua Arena.

## BIKE COURSE

- Sprint Distance
- Exit transition and head West on Terwall Terrace to Highway 165
  - Right on Highway 165
  - Right on 120th Avenue (East)
  - Left on Oakdale Road
  - Left on 120th Avenue (West)
  - Turnaround at Highway 165 and 120th Avenue (West)
  - 120th Avenue (West) to Oakdale Road
  - Right on Oakdale Road
  - Right on 120th Avenue (East)
  - Left on Highway 165
  - Turnaround at Highway H & Highway 165
  - Highway 165 to Terwall Terrace
  - Right on Terwall Terrace
  - Left into Transition

## RUN COURSE

- Exit transition at the south west corner.
- West on running path clockwise around Lake Andrea to the gravel path near the baseball diamonds
- Run west on gravel path to turnaround point.
- Turnaround and run back to the running path.
- Left onto running path and follow path clockwise around Lake Andrea to finish line behind the RecPlex.

 AID  
  START/FINISH  
  TURNAROUNDS

